

# Traveling Wellness Center

This service is FREE to all City of Milwaukee employees and spouses.



Day of the Month	Location	Room	Time
1st Monday	Sanitation South 2363 S. 35th St	Assembly Room	6 a.m 7:30 a.m.
	DPW - Parking 123 N 25th	Conference Room	8 a.m 10 a.m.
2nd Wednesday	DPW Forestry/Sanitation Central 5230 W State St	Break Room	12 p.m 1 p.m.
3rd Wednesday	DPW Electrical 1540 W Canal St	2nd Floor Conference Room	7 a.m 9:30 a.m.
	DPW Forestry/Sanitation North 6732 N Industrial Road	Break Room	11:30 a.m 12:30 p.m.
4th Wednesday	<b>DPW Central Repair Garage</b> 2142 W Canal St	2nd Floor Heavy Lunch Room	9:30 a.m 11 a.m.
	<b>DPW Lincoln Sanitation Garage</b> 4025 W Lincoln Ave	Transfer Station Break Room	11:30 a.m 12:30 p.m.
1st Thursday	DPW Forestry South 2024 W. Holt St	Lunch Room	6:45 a.m 7:45 a.m.
	Municipal Court 951 N James Lovell St	Employee Resource Room	11:30 a.m 12:30 p.m.

<sup>\*</sup>Cancellations may apply to a specific site due to holiday, weather or other unforeseen circumstances.

#### **Services Available:**

- Blood Pressure Checks
- Turn in Healthy Rewards Points
- Weight Checks

For more information on city-wide wellness programming Visit www.milwaukee.gov/WYCM

E-mail: cityofmilwaukee@froedtert.com or call: 414-777-3410

# No appointments necessary, stop by any time!



**Workforce Health** 

### **City of Milwaukee**

## **Traveling Wellness Center Way Finding**

Location	Room	Special Parking Instructions	Other Notes
DPW Electrical	2nd Floor, Conference Room	Angle parking on the south side of the street directly across from the building.	Enter through the side entrance and check in at the main office immediately to your right. Office staff will direct you to the upstairs conference room.
DPW Lincoln Sanitation Garage	Transfer Station Break Room	Look for the Natural Gas Pumping station and turn in right after it.	Walk through the first covered truck garage, there will be an opening between the 2 garages and then there will be an open sliding door. Walk in and head to the left at an angle for the lunch room.
DPW Forestry/Sanitation Central	2nd floor Break room	Park in any open parking space around the building.	Enter in the Forestry office door, closest to State street. The set of stairs between the offices and garage will take you straight into the break room.
DPW Forestry/Sanitation North	Break Room	Park in any open parking space around the building.	Enter in either side of the building. Break room doors are opposite office doors in the main hallway.
DPW Central Repair Garage	2nd Floor Heavy Lunch Room	Park on the east side of the building.	Go in the door nearest the road. Once in the main garage look up and follow the sign to the STOCK ROOM. Turn right at the sign. Take the 2nd set of stairs to the "Heavy Lunch Room".
DPW Forestry South	Lunch Room	Park on street or in parking lot.	Enter in the back door farthest away from Holt St.
Municipal Court	Employee Resource Room	Paid surface parking lot across the street from Municipal court or street parking.	Take the stairs or elevator to the first floor. Pass through security and the front desk. Employee Resource Room next to Branch 3 Court room across the hall from the first set of elevators.